



THE SAN FRANCISCO SCHOOL

Tuesday Note Home

Our Weekly Community Newsletter

Week of April 16, 2018



Panning for gold on the 4th Grade trip to Coloma!

Upcoming Dates

Thursday, April 19

Bike & Roll to School Day

Portola Library Neighborhood School Art Show Opening
4:00-5:00 pm

Friday, April 20

Board Nomination Ballots Due

Olympics Day for 1st-7th Grades
12:30-2:15 pm

Wednesday, April 25

SPEAK Presents Dr. Laura Kastner (@ Burke's)
9:00 am

Thursday, April 26

7th Grade First High School Info Night (for Parents/Guardians)

6:30-7:30 pm

Friday, April 27

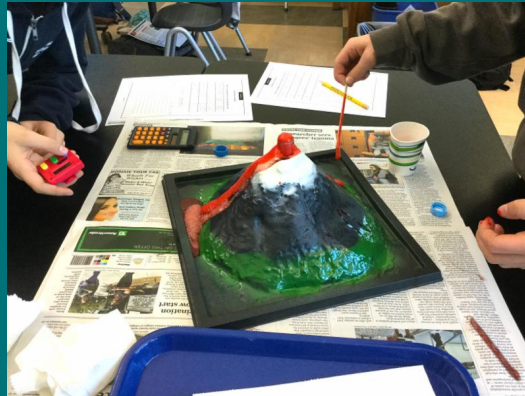
Day of Silence

Community Coffee

8:00-9:15 am

[Full Calendar](#)

In the Spotlight...



Our 6th Grade scientists have been exploring plate tectonics, and how physical properties of the earth's layers affect the formation of geological features. They learned about viscosity, and used what they learned to conduct fascinating (and messy!) lava viscosity experiments. Read all about it [here](#)!

School News

Thursday: Bike & Roll to School Day!



Oil the chains, pump the tires and get ready to ride this **Thursday, April 19!** If you want to ride, please set up ride plans with neighbors or meet up at central locations like local parks. Bikes and scooters can be stored in the parking lot and riders can get a snack in the parking lot before heading onto campus. At Elementary lunch

recess, kids with wheels can ride around the greentop if they have properly secured helmets! Kids with skateboards or roller blades must also have elbow, knee and wrist guards as well as helmets. Please note that we do not have security in the parking lot in the evening, so all bikes and other wheeled implements should be removed by 6:00pm.

Final Reminder: Board of Trustees Nominations

In accordance with the bylaws of The San Francisco School, the Board has approved the slate of new trustee candidates and presents it to the community for consideration. Ballots have been sent by mail to each family for the election or re-election of Class A trustees (parents or guardians of current students). Please remember to review the nominees' biographical information [here](#), then complete and return your ballot forms to school by **Friday, April 20, 2018 at 6:00 pm**. Questions? Email Jeanie Chang, Chair of the Nominating Committee (jeanettekeichang@gmail.com)

SPEAK Presents Dr. Laura Kastner



On **April 25**, **SPEAK** will be hosting its final speaker for the year, Dr. Laura Kastner, who will be speaking on the topic, "Getting to Calm: Raising Healthy, Caring, and Successful Children in Our Angst-Ridden World Today." This event is free for SFS families because SFS is a member of SPEAK, a coalition of SF K-8 schools that have joined together to enhance parent education. Please see details below on the event and how to RSVP.

Date: Wednesday, April 25th, 2018

Time: 9:00 AM

Location: Katherine Delmar Burke School, **7070 California Street**

To RSVP for this event, please visit: <https://laurakastner.eventbrite.com>

Dr. Laura Kastner's talk will focus on how parents can be effective and skillful in handling typical parenting challenges, with the understanding that we all share the all important goal of maintaining a loving, reliable and affectionate bond with our children even when it feels like kids are pushing limits almost all the time.

We are also excited to continue our SPEAK Community Coffee discussions (**Friday, April 27** in the South Class Courtyard; see calendar for details). We realize the SPEAK event is at an inconvenient time for some. Whether you can or cannot attend the event, please join us for a rich discussion and a chance to build community.

Want to read Dr. Kastner's book *Getting to Calm*? We have copies to borrow at the front desk!

Please feel free to contact the SFS SPEAK Team with any questions or concerns: Divya Silbermann (dindib@gmail.com), Michelle Manzo (michelle.manzo@gmail.com), and Nadya Ramsaroop (nadyakr@yahoo.com)

Reminder: Lost & Found

Please remember to check the Lost & Found for any items your child(ren) may be missing! We will be donating any unclaimed lunch containers, water bottles, or clothes after school on **Friday, April 20**.



Last Call for Good Eggs/SFS Fundraiser!



This week is your last chance to support SFS by joining the Good Eggs fundraiser! If you join before **this Friday, April 20**, you'll get \$15 off your first order *and* be entered to win three dinner kits!

Step 1

Visit schools.goodeggs.com, enter the code **sanfranciscoschool**, and click "Join Fundraiser."

Step 2

Place a grocery order to be delivered to your home. You'll get \$15 off if you've never tried Good Eggs!

Step 3

You are now enrolled! 10% will go back to The San Francisco School and you'll be entered to win 3 free dinner kits, delivered to your door next week.

Help Middle Schoolers Knit For A Cause



This spring, middle school students in an elective class will be knitting up a storm for the Immigrant Yarn Project, and we can use your yarn!

Please donate your left over yarn from past beloved projects. Natural fibers are preferable: cotton, wool and wool blends, but others welcome. Please place in the basket near the Front Desk.

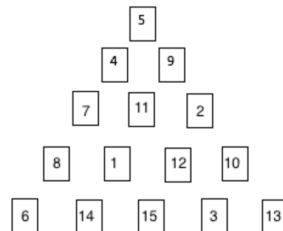
Local organization [Enactivist](https://enactivist.org) is collecting squares and panels of knitted stories and statements to honor immigrants and diversity in this nation. With all of these squares and panels, huge columns will be created and hung at Fort Point by May of 2019. Later, the installation will travel the U.S.

All members of the SFS community are welcome to knit, crochet, finger knit or make pompoms. We will send what we have at the end of the school year (entries are due August, 2018). Get more information and directions at the link below:

-Erika (eliedtke@sfschool.org) and Solveig (sdimon@sfschool.org)

Community Math Puzzle

Congratulations to Anders Kwun, Lucy Sun, and Alon Salant for submitting the correct answer to the previous Community Math Puzzle! For those interested, the solution is below:



Now, on to the next one! Solutions are due to Jiazhen Zhang (jzhang@sfschool.org) by **Friday, May 4!**

Family Party

“It was a wonderful party,” said Lucy to her friend Harriet.

“Who was there?” asked Harriet.

“Well – there was one grandfather, one grandmother, two fathers, two mothers, four children, three grandchildren, one brother, two sisters, two sons, two daughters, one father-in-law, one mother-in-law and one daughter-in-law.”

“Wow! Twenty-three people!” exclaimed Harriet

“No, it was less than that. A lot less,” answered Lucy.

What is the smallest size of the party that matches Lucy’s description?

Save the Date for Pride 2018 & Help Make it Better Than Ever!



Once again, The San Francisco School will have a contingent of students, parents and staff marching down Market Street in the LGBT Pride Parade. This year the parade will be on the morning of **Sunday, June 24**. We want to make this the best year ever for the SFS contingent and would love your

help! If you're interested in helping us increase participation, think of new ways to show our pride, or anything else, please let

Stewart (sdorsey@sfschool.org) know!

In Search Of...

For Rent: Furnished 3 bedroom home with garage and garden for rent in Noe Valley for June and July this summer. For more information, please contact Theresa Meuniot at sfnoehome@gmail.com or 415.533.4662.



Support The Children's Book Project



CHILDREN'S BOOK PROJECT

Now through May 15, the Public Purpose Committee will be collecting new or gently used, recent books for children of all ages (from infants through teens) for the [Children's Book Project](#). Teachers and other staff who serve economically disadvantaged children come in to their book site and choose free books. Please place your books on the bookshelf under the stairs (past the front desk).

They especially need:

- board books
- early readers
- elementary chapter books
- books in Spanish or Chinese
- graphic novels
- popular series for 8-12 year olds

They can't use and don't accept:

- textbooks and curriculum materials
- encyclopedias
- audio cassettes and VHS tapes
- library discards
- obsolete books
- dirty, dusty, wet, or mildewed books
- nonfiction over ten years old

Questions? Please contact Cathy Manshel (cmanshel@gmail.com)!

What's Cookin' This Week?*



Wednesday: Pizza w/ Caesar Salad & Fruit

Thursday: Turkey, Spinach, & Rice w/ Coleslaw & Fruit

Friday: Picnic Lunch (for Preschool/Kindergarten)

Monday: Turkey Meatballs & Pasta w/ Broccoli & Fruit

Tuesday: Soup Day w/ Salad, Cornbread, & Cheese

*Menus subject to change due to delivery changes and general human fallibility

News from the Family Association

Survey Results

Thank you again to those of you who completed the FA Community Survey back in early February. Here is a link to view the survey results: [Family Association Survey Results](#). And - congratulations to the 2nd Grade, who were the closest to 100% class participation in the survey! You will receive a gift certificate to host a gathering at the SPARK bonfire/marshmallow roast area!

FA Community Coffee - Friday, April 27, 8:15-9:30 am

Please save the date for the next Community Coffee to discuss the SPEAK event and Dr. Kastner's book. There will be warm beverages & tasty breakfast goodies.

Save the Date – Saturday, May 5th! Adventure Playground Work Day

Join us from **9:00 am-12:00 pm on May 5th** to work in the Adventure Playground! Our children are lucky to have such an amazing outdoor space available to them, but it does need our community to come together and help maintain it now and then. Projects may include cleaning the barn and gazebo, adding new plywood to one side of the barn, weeding, and adding sand to the sand pits. Lunch will be provided.

Beyond the Gates

2nd Annual SF Public Library/Portola School Art Exhibit

Artists from SFS will be contributing their work for the second annual exhibit at the SFPL Portola branch in April. Celebrating the flora, fauna, and the many schools of the Garden District, families and staff of the Alta Vista School, ER Taylor Elementary School, and SFS are invited to the Opening Reception on **Thursday, April 19 at 4:00 pm**. SFS's own Nico Berry (parent of Saskia, 2nd Grade, and Simone, 7th Grade) will speak at the reception about his murals, many of which are known and loved throughout the Portola.

Excelsior Community Food Pantry



If you're free this **Saturday, April 21st**, please join 2nd Grader Lucelia at the **Excelsior Community Food Pantry** to distribute free groceries to our neighbors!

We will meet at the San Francisco Campus for Jewish Living (formerly known as the Jewish

Home) at 302 Silver Avenue at **10:15 am**, and will finish up by 12:30 pm. Tasks include greeting the participants; guiding them through the line; handing out produce, dairy products, grains, and meats; and breaking down boxes. Children of all ages are welcome!

Please contact Amelia Zimmermann Wolff (ameliazw@hotmail.com) for more information and to sign up. If you can't make it this Saturday, we will do it again on **Saturday, May 12th**.

Mission Academy of Performing Arts @ Brava

Mission Academy of Performing Arts @ Brava presents
Between Dirt & Sky: A musical inspired by the life of
César Chávez

(featuring SFS 6th Graders Isabell and Jennifer!)

April 20 — 7:00 pm

April 21 — 3:00 pm

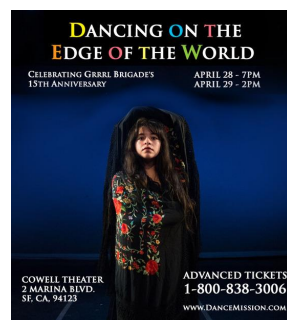


Inspired by the life of American civil rights leader Cesar Chavez, *Between Dirt & Sky* fuses the early events of the American farm labor movement with the personal struggles of those who lived it. Set on the cusp of great change and social upheaval, it is a highly theatrical piece that invites contemplation and discussion.

Though inspired by historical events, *Between Dirt & Sky* is a topically relevant story that offers insight into present day issues such as immigration, labor practices, equality and national identity. Neither history recitation nor eulogy, *Between Dirt & Sky* explores the psyche of a uniquely American leader whose story is inspirational to both those steeped in the lore of La Causa (the cause) and to those new to its discovery. *Between Dirt & Sky* is the non-idealized telling of one man's journey from victim to activist. It is the story of a man who — like any other — struggles with his own limitations and desires.

Tickets and more info: <http://www.brava.org/all-events/2018/4/20/between-dirt-sky>

Dance Mission's Grrrl Brigade 15th Anniversary Show



Dance Mission presents the Grrrl Brigade in
Dancing on the Edge of the World!

Based on Howard Zinn's *A People's History of the United States*

A 15th Anniversary Celebration

Saturday, April 28 at 7:00 pm (with Gala reception at 5:00 pm) & **Sunday, April 29 at 2:00 pm**

Cowell Theater, 2 Marina Blvd, San Francisco, CA

(featuring SFS 6th Graders Zara and Violet!)

This April, Dance Mission Theater will celebrate the fifteenth anniversary of Grrrl Brigade, Dance Mission Youth Dance Company. Based on Dance Brigade's approach to dance theater with a political message, *Dancing on the Edge of the World* takes the audience on a journey through the people's history. Through fierce dancing and ground shaking taiko drumming the Grrrl Brigade remembers and honors those that have truly built our America.

The GRRRL Brigade is an intensive dance/leadership development program designed to provide high quality dance training, performance opportunities, and a sense of self-empowerment for San Francisco's girls ages 9 to 18. The goal is to give the girls, their parents, and our audience the inspiration, magic, and hope only evocative dance theater can spark in creating a just and peaceful world.

Saturday night includes a Silent Auction and Gala and is a benefit for Grrrl Brigade.

Tickets and more info: <https://www.brownpapertickets.com/event/3342131>

Writing Class at San Francisco Zen Center



Laura Burges, 3rd Grade Teacher, together with writer Patsy Creedy, will be offering a writing course at the [San Francisco Zen Center](#) called "The Great Matter: Writing the Way."

In this five week class, we will write personal narratives to explore "The Great Matter," as we say in Zen, of our own lives. Monday nights, 7:30 - 9:00 pm, **May 7 - June 4**, in the Zen Center dining

room, 300 Page Street, corner of Laguna. There will be no class on May 28, Memorial Day.

For more information and to register:

<http://sfzc.org/city-center/zen-meditation-practice/classes-extended-courses/the-great-matter>

Doug Goodkin & The Pentatonics at SFJazz Center

Doug Goodkin and his band The Pentatonics will be appearing with some very special guests in a family matinee at the SFJazz Center on **Saturday, May 12 at 11:00 am!** They're part of the "From Roots to Branches: Jazz for All Ages" series, bringing live jazz and music education to Bay Area families. Doug reports that tickets are selling quickly - make sure to buy yours now!

<http://www.sfjazz.org/tickets/productions/doug->



Common Sense Media Tip of the Week

As days get warmer and flowers bloom, we're often motivated to clear out and clean up, but sometimes we're also inspired to take on new adventures. Whether an actual cool trip is in your future or not, your kids can explore the best books to match your interests.

Kids who move from one book to the next can really **appreciate a series**, and there are plenty to go around. And if you have a Harry Potter fan in mourning because they've finished every book, check out these **magical alternatives** or **thrilling fantasy books**. Teens have their choices, too, but **these award winners** might be a good place to start. No matter your kids' ages or interests, there's a book made to match, so you can dust off those lawn chairs and take a reading journey together.



The San Francisco School

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[Visit Our Website](#)

TNH Submissions
(Deadline: Mondays
at 12:00 pm!)

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